

## **Program Outcomes – PG Programmes**

**PO 1:** Critical thinking: Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.

**PO 2:** Effective communication: To build on effective inter and intra personal communications skills including empathy. Open mindedness, mutual respect, Confidence, effective listening, non-verbal communication, clarity and concision.

**PO 3:** Scientific temper: To build essential skills of different ways of life including questioning observing, physical reality, testing, hypothesizing, analyzing and communicating

**PO 4:** Effective citizenship: Demonstrate empathetic social concern and equity centred national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering.

**PO 5:** Ethics: Recognize different value systems including your own, understand the moral dimensions of your decisions, and accept responsibility for them.

**PO 6:** Environment and sustainability: Building a contemporary state of art model using the theories of social sciences for sustainable development of the campus/environment.

**PO 7:** Gender sensitization and Social Commitment: To bring about a change in behavior and attitude and to instill empathy in the students to raise awareness about the gender equality concerns and to imbibe the sense of social responsibility for self and community to envisage ethical framework, obligation to work and cooperate with other individuals and organizations for the benefit of the society at large

**PO 8:** Self-directed and Life-long learning: Acquire the ability to engage in independent and life-long learning in the broadest context socio-technological changes

## **Program Specific Outcomes – PG Programmes**

**PSO 1:** To develop budding counselling psychologists who will be able to understand and demonstrate behavior, have attitudes in the basic areas of professional counseling.

**PSO 2:** Will be able to demonstrate competence in analysis and critically analyse scholarly work in areas of research, consultancy and counseling practice.

**PSO 3:** To equip students with knowledge in the fundamentals of psychology and counseling so that they understand the application of the field relating to different issues in psychology.

**PSO 4:** To enhance the core counseling skills, such as active listening, empathy, unconditional positive regard, congruence and so on and empowering the process of human development.

**PSO 5:** To demonstrate the technical skills and ethical decisions appropriate for the holistic professional development in the field.

**Courses:**

<b>Sl. No.</b>	<b>Course</b>
1.1	Foundations of Professional Counselling
1.2	Life Span Development
1.3	Theoretical Perspectives for Counselling Psychology
1.4	Process and Skills of Individual and Group Counseling
1.5	Eastern Approaches to Psychology and Counselling (DE)
1.6	Personal Growth (P/NP)
2.1	Concepts of Mental Health and Illness
2.2	Child and Youth Counselling
2.3	Research Methodology and Statistics in Social Science
2.4	Personality Development
2.5	Introduction to Social Psychology
2.6	Child and Youth Counselling- Practicum
2.7	Field Work
2.8	Personal Growth II
3.1	Marriage and Family Counseling
3.2	Addiction and Trauma Counseling
3.3	Marriage and Family Counseling- Practicum
3.4	Case Study and Documentation-I
3.5	Summer Internship
3.6	Study Tour
3.7	Supervised Internship I
3.8	Research Project Phase I
4.1	Psychological Testing
4.2	Disability Studies and Rehabilitation Psychology
4.3	Case Study and Documentation-II
4.4	Supervised Internship II
4.5	Research Project Phase II

### Mapping:

Sl. No.	Course	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PSO1	PSO2	PSO3	PSO4	PSO5
1.1	Foundations of Professional Counselling	H	H	L	H	H	M	H	H	H	L	H	H	H
1.2	Life Span Development	M		M		M	H		L	M		M	M	M
1.3	Theoretical Perspectives for Counselling Psychology		H	M	M	H		M	L	H	L	H	H	M
1.4	Process and Skills of Individual and Group Counseling	H	H	H	M	M		H	M	H	H	H	H	M
1.5	Eastern Approaches to Psychology and Counselling (DE)	M	L	M	L	M	L	L	L	H	M	H	H	M
1.6	Personal Growth (P/NP)	M	H		M	M	H	M	L		L	L	M	
2.1	Concepts of Mental Health and Illness		M	L	L	H	M	H	H	H	L	H		M
2.2	Child and Youth Counselling	M		M				L		M	M		M	L
2.3	Research Methodology and Statistics in Social Science	H		H		H			M		M			M
2.4	Personality Development	M		M					M	M	M	L	L	
2.5	Introduction to Social Psychology	M	H	M	H	M	M	M	L	M	M	M	H	M
2.6	Child and Youth Counselling- Practicum	M				M			M	H		M		
2.7	Field Work	H	H	M	H	M	H	M	H	H	M	H	H	H
2.8	Personal Growth II	M	M	M	L	M			L	L	L	M	M	M
3.1	Marriage and Family Counseling	M	L	M	M	M		M		L	L	M	H	M
3.2	Addiction and Trauma Counseling	H	M	M	L	M	L	M	M	H	M	H	H	H

3.3	Marriage and Family Counseling-Practicum	M	H	M	L	H	L	H	M	H	M	H	H	H
3.4	Case Study and Documentation-I	H		L		M			M	M			M	
3.5	Summer Internship	H	H	M	H	H	H	M	H	H	M	H	H	H
3.6	Study Tour	M	H	L		M	M	H	H	H	L	H	M	M
3.7	Supervised Internship I	H	H	M		M	M			H	M	H	M	
3.8	Research Project Phase I	M		M					M		H	M		L
4.1	Psychological Testing	H	L	H	L	H	L	L	M	M	H	M	L	H
4.2	Disability Studies and Rehabilitation Psychology	M		L		M			M	M			M	
4.3	Case Study and Documentation-II	H	H	M	H	H	H	H	H	H	H	H	H	H
4.4	Supervised Internship II	M		L		M			M	L			M	
4.5	Research Project Phase II	H		H		H			M		M	L		M